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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
November 22nd 2017: The Weight of Honor

With improvements in field medicine, an even greater number of soldiers have come home from wars in Afghanistan and Iraq disabled and in need of care. Their families then pick up the majority of that care and must adjust to a very different life than the one they lived before. In the film *Weight of Honor*, Stephanie Seldin Howard explores the impact on these families and how they adjust to profound losses and changes. What support do they receive? What is missing? And what can we learn from their experiences? Join us as we talk about the film and what Stephanie learned making it.

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Featured Guest



Stephanie Seldin Howard

Stephanie Seldin Howard is the Director and Producer of *The Weight of Honor*, a documentary about families caring for their catastrophically wounded loved ones returning from wars in Iraq and Afghanistan.

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