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HEALTH & WELLNESS



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**December 7th 2017: Elegant Disintegration with
Leny Strobel and Bayo Akomolafe**

In this final episode of Revolutionary Wellness Talk Radio, we speak again with Dr. Leny Strobel and Dr. Bayo Akomolafe about "elegant disintegration". How do we live a beautiful life in the midst of a dying paradigm and while waiting for the emergent Story to be born. What practices can we count on? What can we learn from the indigenous worldview? What other sources of power are available to us that we struggle to access at this time? Join us as we get entangled with these questions.



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Featured Guests



Dr. Leny Strobel

Dr. Leny Mendoza Strobel is Professor of American Multicultural Studies at Sonoma State University.

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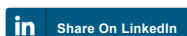


Dr. Bayo Akomolafe

Author, speaker, and 'walkout' academic, Bayo Akomolafe (PhD) is globally recognized for his poetic, unconventional, counterintuitive take on global crisis, civic action & social change.

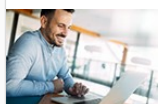
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