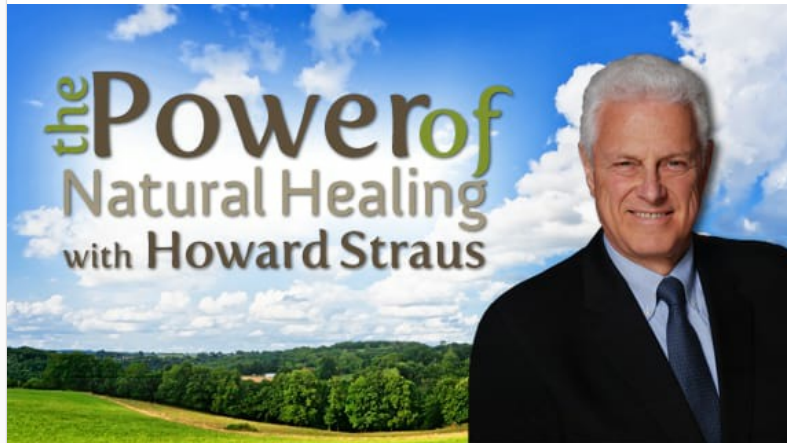


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HEALTH & WELLNESS



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**December 4th 2017: Colds, flu and shots, Oh, my!**

This is the time of year when, due to parties, poor nutrition, not enough sleep, stress due to finances, fatigue, alcohol, reduced sunlight, people all around you are, or will be getting colds, the flu and other infectious illnesses. Some of these, if the past is any guide, will progress into pneumonia, with potentially fatal consequences. At the same time, the pharmaceutical industry and the vaccine manufacturers are working day and night to develop hundreds of more vaccines, and lobbying for all they are worth (\$\$\$) to get every single one designated as "mandatory". Dr. Andrew Saul,

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### Featured Guest



#### Dr. Andrew Saul

Andrew W. Saul, M.S., Ph.D., is founder and Editor-in-Chief of the Orthomolecular Medicine News Service and is on the editorial board of the Journal of Orthomolecular Medicine. He has published over 180 peer-reviewed articles and has written or coauthored twelve books. Those books have been translated into a number of languages, including Japanese, Chinese, Hindi, Arabic, Spanish, Norwegian, and Italian. Dr. Saul was on the faculty of the State University of New York for nine years, and has twice won New York Empire State Fellowships for teaching.

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