



EMPOWERMENT



Empowering Women, Transforming Lives
Thursday at 10 AM Pacific
January 16th 2018: Step Forward No Matter What and SHINE!

Join Rebecca Hall Gruyter (RHG TV Network), Sara Im (Survivor of the Killing Fields), and Holly Shaw (Creativity and Performance Coaching) as we share how you can step forward in 2018 and beyond no matter what. Lean in and learn how to step forward on purpose and with great purpose. Discover some ways to overcome stage fright so that you can step forward and SHINE!

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Featured Guests



Sara Im

Sara's peaceful life in Cambodia ended that fateful day when she was rounded up by the Khmer Rouge. She endured four brutal years in a forced labor camp that became known to history as The Killing Fields.

[Read more](#)



Holly Shaw

Before becoming a coach and hypnotherapist, Shaw spent a lifetime on film, TV and on stages all over the world as an actor and dancer and stand-up comedian. Her first book, The Creative Formula became an Amazon bestseller shortly after it was published in 2016. She has helped thousands of artists, among them Emmy Award winning and Grammy nominated performers, overcome bad habits, stage fright, impostor syndrome, and creative blocks so they become magnetic performers and create the work they were born to make. She teaches at SAG/AFTRA's conservatories in SF and LA and is host of the award winning, Performers & Creators Lab podcast.

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