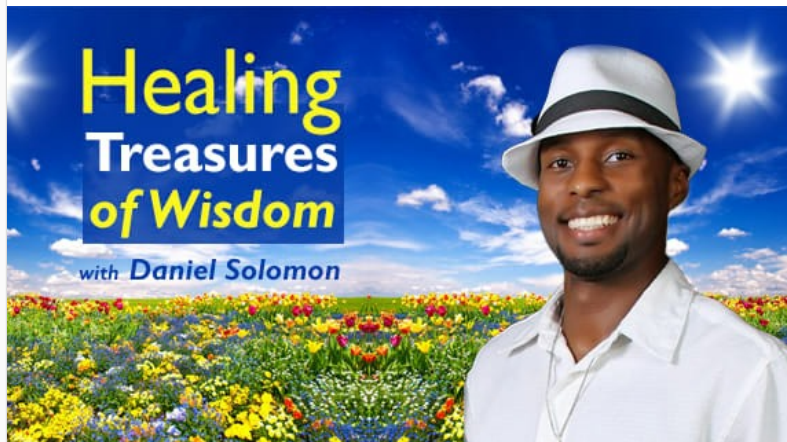


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HEALTH & WELLNESS



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**January 11th 2018: The Wonders of Foot
Reflexology**

Today's lesson will dive into the benefits and the necessity of foot reflexology. With our guest FD Guyton, the foot Doctor, we'll stress the importance of understanding the connection of the entire body to the soles of the feet. There is a reason why the bottoms of our feet are called "souls". Our entire physical body, from the inside out, are connected along meridian lines, down to our feet. There are benefits not only of the physical, but also mental and emotional nature. We also are joined by Dr. LaTronica Fisher, as she details the exciting and promising treatment for Sickle Cell Anemia

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Featured Guests



FD Guyton

Minister, Motivational Speaker, Minstrel, Anointed Saxophonist, Recording Artist, Entrepreneur, Song Writer, and now Author, has more than 25 years of Market Place experience, as a Certified Egyptian Reflexologist, an Ionic Researcher, Ear Candling, Ear Spa Reflexology Practitioner and Instructor.

[Read more](#)



Dr. LaTronica Fisher

Dr. LaTronica Fisher is a model for the future of healthcare; she practices as a Meridian Stress Analysis Consultant, Adult and Geriatric Nurse Practitioner, Clinical Nutritionist, and a Homeopath.

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