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HEALTH & WELLNESS



# good grief

WITH CHERYL ESPINOSA-JONES



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**March 7th 2018: Questions of the Spirit**

After many other losses, Brent Green prepared to lose the last member of his family of origin, his sister. As the family sat with her, a wise chaplain introduced questions that opened up a new way for Brent to think about loss, death and its impact on living. During his grief, these questions continued to occupy him and led to his latest book, "Questions of the Spirit: The Quest for Understanding at a Time of Loss." What are the questions that captured his attention and how did he answer them for himself? The first question, "Is there any value in suffering?" led to all the others. What did h

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## Featured Guest



### Brent Green

Brent Green is a creative director, copywriter, author, professional speaker, and consultant for Baby Boomer generation. Author of "Marketing to Leading-Edge Baby Boomers," Brent has spoken widely at conferences about Boomers and the unprecedented reorientation of Western countries to aging populations.

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