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HEALTH & WELLNESS



The Womb Happy Hour
Archives Available
**April 4th 2018: The Benefits of Reusable
Feminine Products**

Jackie Bolen joins The Womb Happy Hour to talk about her research on the benefits of reusable feminine products. There's been a recent growth and innovation on products women use down there to support a lady's health, the environment and your wallet. Luckily, there's a lot more choices out there based on what works for you. Curious or want to learn more about menstrual cups, reusable cloth pads, periods panties vs. disposable pads and tampons? Jackie shares valuable information on the differences between these products and resources to pay attention to based on her passion and research to bring

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Featured Guest



Jackie Bolen

Jackie Bolen is a tree-hugging, friend of the earth that can usually be found catching a wave, on top of a mountain, drinking sour beer, or working on Reusable Menstrual Cups around Vancouver, Canada.

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