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HEALTH & WELLNESS



**Hypnosis – Everywhere: Ines Simpson and the Simpson Protocol Archives Available**  
**June 13th 2018: Hypnosis in 'the City'- dealing with angst and stress in London Biz**

This week - we chat with Nick Ebdon - who among other things is Organiser of the UK Hypnosis Convention. Before working in the Coaching Hypnosis field he worked for Morgan Stanley for over fifteen years - ending up as the Head of Risk on the metals trading desk. Working in that environment Nick experienced insomnia and stress for many years - finally finding relief through a variety of Hypnosis methods . With that Nick decided to leave the corporate world and train in the world of Hypnosis to help others like him. So we will chat about what its like to work in 'The City' with all

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#### Featured Guest



##### Nick Ebdon

Nick Ebdon – Performance Coach and Business Consultant, Organiser of the UK Hypnosis Convention.

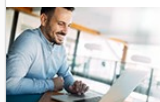
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