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**August 7th 2018: Encore: When an Interruption
Reveals Your Purpose**

Join Dr. Young as she interviews Ms. Jasmine Henderson, a former professional soccer player, empowerment speaker and author. Ms. Henderson will share her transformation journey and how she went from a promising soccer career, to being a single mother, to now setting and holding two world records with Equal Playing Field. Tune in to find out what happened when she shares how life's interruptions can ultimately lead to revealing a greater purpose. A show you will not want to miss!

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Featured Guest



Jasmine Henderson

Jasmine Henderson is a committed leader and activator who inspires and empowers people to be their best self. She is a current two-time world record holder, former professional soccer player, author, empowerment speaker and mom.

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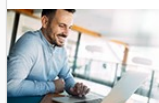
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