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August 6th 2018: Maternal Birth Interventions: Getting Beyond Put Up and Shut Up

Mothers have heard it. "The doctor knows best..." and "You've got a healthy baby, what more could you ask for?" But maybe you could have asked for-and received-so much more. With the skyrocketing cesarean rate, not to mention the increased rates of induction, artificial rupture of membranes, and long-known over-use of episiotomies and more, it's enough to make us wonder if all of this is necessary. Join Marie and her guest, Dawn Thompson, as they give some eye-opening information about how women need to be fully prepared with the evidence, plan ahead to ask the right questions, assert themselves

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Featured Guest



Dawn Thompson

Dawn Thompson is the founder of ImprovingBirth. She's been in the birth industry since 2003, supporting hundreds of families during the birth and postpartum period.

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