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HEALTH & WELLNESS



**Occupy Health**  
Friday at 11 AM Pacific  
**October 12th 2018: You Can Fix Your Brain**

We've all experienced brain fog?misplaced keys, forgotten facts, a general feeling of just feeling off. Many of us will experience that "fog" manifesting as something more permanent?either in ourselves or our loved ones. Cognitive decline can be caused by many contributing factors including toxins, inflammation, autoimmune conditions, food sensitivities, EMF, diet, and foods as simple as gluten, dairy, sugar, genetically modified foods, Dr.Tom O'Bryan discusses his new book, "You Can Fix Your Brain" in which sets out an easy step by step approach to negotiate this very complex area. Incl

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#### Featured Guest



##### Tom O'Bryan, DC, CCN

Dr. Tom O' Bryan is an internationally recognized speaker and writer on chronic diseases and metabolic disorders. He is considered the world expert on the impact of wheat sensitivity on autoimmunity.

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