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October 11th 2018: The BEaUty and Truth of Aromatherapy

Imagine, wandering through a field of lavender, feeling relaxed and aware. Eating healthy, cooking or eating raw organic foods flavored with essential oils, feeling healthy and BEaUtiful from the inside out. Join me, my Co-host Gloria Coppola and our guest Nelly Grosjean, aromatherapy specialist from France. *listen to the end for an opportunity to join us in France June 2019

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Featured Guests



Nelly Grosjean

Heir to a family tradition of natural medicine, for more than thirty years she has chosen to share her love of plants and her passion for essential oils.

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Guest Image

Gloria Coppola

Co-Host, Spiritual Awakening Life Coach, Author, Motivational Speaker, Educator Gloria has had a courageous journey in life, and her unstoppable nature has opened doorways of spiritual opportunity.

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