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HEALTH & WELLNESS



BORN TO BE BREASTFED

WITH
MARIE BIANCUZZO RN MS IBCLC



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Born to be Breastfed

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January 14th 2019: A Quick Guide to Seeking and Providing Mother-to-Mother Support

There are many ways to seek support, and many ways to provide support. One type of support, mother-to-mother support, has been repeatedly shown to help breastfeeding mothers meet their goals. That's a great result. But what's the experience when seeking or providing such support? Join Marie and her guest, Rebecca Ruhlen, PhD, IBCLC, an anthropology professor at Davidson University, and a member of the Board of Directors of Breastfeeding USA, as they discuss breastfeeding support from a sociocultural perspective. Maybe you've asked yourself: What is a mother-to-mother support meeting? What if

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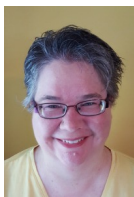
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Featured Guest



Rebecca Ruhlen

Rebecca N. Ruhlen, PhD, IBCLC is a sociocultural anthropologist (PhD 2007, U Washington) with research and teaching specialties in East Asia, social movements, gender, motherhood, and breastfeeding.

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