



HEALTH & WELLNESS



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January 21st 2019: Obesity in Infancy: Formula is One But Not The Only Explanation

Childhood obesity affects more than 1 in 3 children worldwide. Past studies have consistently shown that breastfeeding is associated with a lower body mass index (BMI) and a reduced risk of excessive weight gain in infancy—and in later life. Now, Dr. Meghan Azad and her research team have shown that rapid (as well as excess amount) of weight gain in the first year is a strong risk factor for obesity in later life, and several subtle factors impact that risk. Join Marie and her guests, Dr. Meghan Azad and Dr. Annika Klopp, as they discuss previously-unknown and subtle influences on obesity.

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Featured Guests



Meghan Azad

Meghan Azad, PhD, is an Assistant Professor of Pediatrics and Child Health (University of Manitoba) and holds a Canada Research Chair in Developmental Origins of Chronic Disease (DEVOTION). Her research focuses on the role of infant nutrition and gut microbiota in the development of asthma, allergies and obesity.

[Read more](#)

Guest Image

Annika Klopp

Annika Klopp is a general pediatrician in both an ambulatory care setting and Winnipeg's Children's Emergency Department, as well as a hospital providing inpatient services for children admitted from Northern Manitoba, Northwestern Ontario and Nunavut.

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