



Psych Up Live
Thursday at 11 AM Pacific
September 26th 2019: Encore: The Heart of the Fight: The Basis of Great Relationships

In this show relationship experts Dr. Judith Wright and Dr. Bob Wright discuss their new and interesting book, *The Heart of the Fight: A Couple's Guide to 15 Common Fights, What They Really Mean & How They Can Bring You Closer*. Dispelling many of the common myths of what you need to make a relationship work, these experts suggest that conflict is a couple's secret weapon for coming closer but you need to know how to fight and what to fight for. In a fascinating way they discuss the Art of the Argument: Six Skills for Battling to Bliss and the Fifteen Fights That Make or Break Your Relationship

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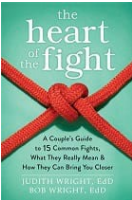
Featured Guests



Dr. Judith Wright

Dr. Judith Wright is a longtime media favorite. She has been called the "World's Ultimate Expert" by Woman's World Magazine, has appeared on Good Morning America, NBC's Today Show, in Marie Claire, Fitness Magazine, Health, and Shape. She holds a BA in psychology, an MA in education and counseling, and a doctorate degree in Educational Leadership and Change.

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Dr. Bob Wright

Dr. Bob Wright is a marriage and relationship counselor. He holds an MA in communications, an MSW in clinical social work, and a doctorate degree in Educational Leadership and Change. He's been interviewed by Fox News, NBC News, WGN, Women's Health Magazine and more. Drs. Bob & Judith are the Founders of WrightLiving.com, a personal leadership coaching firm.

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