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Sovereign Self Monday at 3 PM Pacific

October 7th 2019: Part 2 - How to be Happy - the **Owners Manual**

I got everything I wanted - why am I not happy?I wondered this myself for many years and hear it form my clients as well. Robert Ciolino and I discuss explore how old wounding, and even guilt or shame, can stand between you and the peace and joy you desire. We delve deep into acknowledging and processing these wounds and feelings in a step by step way. Eaves drop or call and participate in the discussion. Get Soul community, tools, tricks and secrets here: https://www.patreon.com/SovereignSelfFans





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Featured Guest



Robert Ciolino

Senior Executive Producer, Robert Ciolino has a passion for everything Internet, with his earlier professional career in the world of online marketing, web development, and social media. When he realized the potential that Internet Radio has to reach the entire world with a message and how powerful that truly is, he just had to be a part of it.Robert believes that every VoiceAmerica host has their own unique flair and has developed shows with many of the networks top hosts, whom he calls truly passionate people. Robert can often be seen interviewing keynote speakers and guests at many of VoiceAmericas Live Events across the country. Robert has traveled and lived all over the planet, from Germ

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