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HEALTH & WELLNESS



Breast Friends Cancer Support Network

Helping women survive
the trauma
of cancer ... one
episode at a time.



With host
Michelle Beck
www.breastfriends.org

Breast Friends Cancer Support Network
Wednesday at 9 AM Pacific
November 27th 2019: Encore: De-Stressing the
Holidays for Cancer Patients

Cancer is stressful anytime of the year, but adding the burden of the holidays can make it unbearable. Learn some tips and tricks to make your holidays easier and lighter and find out how you can be that hero next door to someone battling cancer right now.

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Wednesday at 9 AM Pacific
Time on VoiceAmerica Health
and Wellness Channel

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Featured Guest



Connie Sewing PhD

Connie Sewing received her doctorate in Human Development from U.C. Berkeley and taught at the College of Human Development at Pennsylvania State University. She is also trained as a life coach.

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