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**The Forbes Factor - Your Secret to health, wealth & happiness!**  
**Wednesday at 11 AM Pacific**  
**November 27th 2019: Encore: Anxiety: Increase Awareness, Fight Stigma and Unlock Solutions**

Did You Know - Anxiety disorders are the most common mental illness in the U.S., affecting 40 million adults in the United States age 18 and older, or 18.1% of the population every year. Some are paralyzed by this, but thankfully we have leaders to teach how to manage our anxiety using tools, tips, and tricks. Dan "Nitro" Clark knows that life is about more than the instant gratification and endless achievement many of us strive for. After a near-death experience, Dan had to do some soul searching to relearn what matters in his life. Now, he's committed to helping others do the same and be

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#### Featured Guests



##### Dan 'Nitro' Clark

Dan is a world-class fitness expert, TEDx speaker, #1 bestselling author, and motivational and life coach. He coaches others to conquer their inner demons of fear and anxiety to reach their full potential with his program, CALM THE BEAST.

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##### Joyce Bone

Joyce Bone offers achievers tried and true processes and systems designed to amplify their results. She shares business practices that work as the podcast host of the Anxiety-Free Selling show, is the author of Millionaire Moms, and as a sales/business coach.

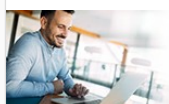
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