



Being Here Archives Available

Being Here with Ariel and Shya Kane is an ordinary person's guide to Modern Day Enlightenment! This show is an exciting exploration, which opens the door to living in the moment. Through discussions and laughter you will discover how to be satisfied in all areas of your life, relate in more honest and natural ways, remain centered during life's challenges, eliminate stress and dissolve those knee-jerk behaviors that rob you of your spontaneity and creativity. Ariel and Shya invite you to take a journey into Being Here. That is enough to simply, easily have a reality shift where you suddenly fi

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