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Sex with Jaiya
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August 28th 2009: Is My Sex Life Over? Sex after Having Children

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85% percent of my students are people whose sex life is pretty non-existent and the inciting event was the birth of their children. So when I had my first child I was determined to keep it alive, but I felt hopeless as the demands of a newborn took over my life. I was sure my sex life was over forever. The good news is that it wasn't and I learned how to keep connected. Take it from Elena Tonetti-Vladimirova, a woman who has expert advice on Sex after the birth of a child. Together we will give you advice on prevention before the kids come, physical healing and how to keep it hot when t

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Featured Guest

Guest Image

Elena Tonetti-Vladimirova

Elena Tonetti-Vladimirova offers her "Birth Into Being" workshops in 26 countries, gives numerous interviews and speaks at conferences. She is sharing a unique and highly effective approach to alignment with the profound power of the Birthing Field,

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