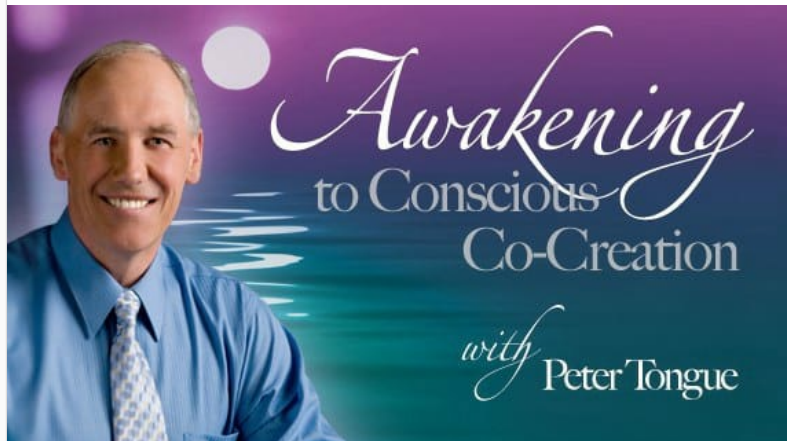


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**December 30th 2009: A Change of Heart --
Creating a Better World**

Rollin McCraty, PhD. of the Institute of HeartMath discusses heart coherence, which can be measured by smooth, balanced heart-rhythm patterns associated with sustained positive emotion. It is a state of energetic alignment and cooperation between heart, mind, body and spirit. Intention from a person in a heart-coherent state goes out like a radio wave and interacts with and modulates planetary energetic fields, thus potentially affecting the collective consciousness that is tuned into these field environments. He will also discuss The Global Coherence Initiative, which is a science-based init

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Featured Guest



Dr. Rollin McCraty

Rollin McCraty, PhD. is the Global Coherence Initiative (GCI) Monitoring System project coordinator and part of the GCI Development Team. McCraty, who has been with the Institute of HeartMath(IHM) since its creation in 1991, and is IHM's executive vice president and director of research. A psychophysiolgist, Dr. McCraty's research interests include the physiology of emotion, with a focus on the mechanisms by which emotions influence cognitive processes, behavior, and health. A fellow of the American Institute of Stress, McCraty is a member of the International Neurocardiology Network, American Autonomic Society, Pavlovian Society and Association for Applied Psychophysiology and Biofeedback.

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