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Sex with Jaiya
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September 24th 2010: Overcoming Vaginal Dryness- Getting WET!

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Do you suffer from Vaginal Dryness? Has sex gotten pinchy and painful? There are solutions, and you no longer have to suffer in silence. The conversation has begun! D.Love and I will be joined by sex expert Carolyn Braddock and couples who share their personal experiences. From breastfeeding to menopause, vaginal dryness can happen at any stage in life. How can you get back to lubricating naturally? What lubricants are best for you and your body? What can your partner do to help? We'll be answering these questions and more.

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Featured Guest

Guest Image

Carolyn Braddock

Carolyn Braddock, M.A., P.C. is known nationally and internationally. She is a consultant, educator, sexuality consultant, trainer, and group facilitator. She is the author of *Body Voices: Using the Power of Breath, Sound, and Movement to Heal and Create New Boundaries* and has contributed articles in other publications. Her work is with individuals, couples, families, groups, and businesses.

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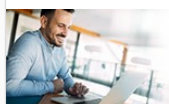
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