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Sex with Jaiya
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February 18th 2011: FREEING YOURSELF FROM SEXUAL SHAME

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Is sexual shame holding you back from feeling free in your sexual expression? Are you having trouble letting go and really enjoying your sexuality? Does your partner wish you were more open about sex? Today we are talking with Lawrence Lanoff, the author of a Course in Freedom. He describes himself as a Demythologist and helps people break down the beliefs that hold them back so that they can fully enjoy life. One of my missions is to eradicate sexual shame because there is pleasure to gain. Pleasure is our birthright and can actually help us be healthier, happier human beings. Listen i

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Featured Guest



Lawrence Lanoff

Lawrence Lanoff is an award winning sex educator who teaches The Art of Radical Self Acceptance™ around the world. He leads people into new paradigms of expanded freedom and pleasure - while deprogramming them from the limitations of cultural repression and suppression.

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