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June 10th 2011: Special Encore Presentation: Seven Steps to Keeping a Marriage Healthy

What are the 7 steps to keeping a marriage happy and healthy? My guest Dr. John Gottman has a lot to say about why relationships fail or succeed. He can tell if a couple will stay together or divorce just in a matter of a few minutes. D.Love and I are going to pick his brain, extracting all the important information that you need to know in order to keep your relationship healthy and improve your intimacy. You'll learn how to overcome resentment and even some tips for getting your sex life back on track if it's fallen to the zero point.

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Featured Guest



Sheri Winston

brHolistic Sexuality educator Sheri Winston is a ground-breaking, award-winning author and teacher who offers empowering, entertaining, erotic education for everyone. Shes the founder of the Intimate Arts Center. Sheri's unique holistic offerings are informed by her 17 years as a sexuality teacher, on top of decades of practice as a certified nurse midwife, gynecology practitioner, registered nurse, childbirth educator and massage therapist. Sheri offers pleasure centered sexed for grownups with a wide variety of practical and transformational intimate arts education. She delights in inspiring people to have a lot more pleasure, fun and fulfillment Sheri the author of the award-winning Women

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