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August 26th 2011: Tantric Buddhism For Women: VajraYogini Practice

Have you lost touch with your divine sexual nature? The Vajrayogini practice is a Tantric Tibetan Buddhist practice that helps women connect with their sexual / spiritual nature. It was practiced in the Himalayas by Tantric Tibetan Nuns to cultivate their sexual energy for spiritual awakening, rejuvenation and longevity. Modern women come together again to practice this ancient and somewhat lost art and Lexi Fisher and I hope to inspire you to join use as we reignite passion for this practice around the world. Lexi and I will share the history of the VajraYogini, it's benefits and some of



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Featured Guest

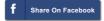
Guest Image

Lexi Fisher

Lexi Fisher, D.C., specializes in Network Chiropractic, Somato-Respiratory Integration, Wellness Classes, and Cobra Breath Meditation

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