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HEALTH & WELLNESS



**Transforming Health
Archives Available
March 21st 2012: Reversing Diabetes**

Diabetes is affecting this country in epidemic proportions. If you're one of the 24 million Americans living with diabetes, it is important that you get this condition under control, for it is a leading cause of blindness, kidney failure, heart attack, and amputation. Physicians are quick to prescribe drugs for diabetes which actually increase the risk of heart attack. Join me this week as I discuss Reversing Diabetes with Dr. Julian Whitaker how to reduce the risk and severity of complications through diet, exercise, nutritional supplementation and innovative therapies that are overlo

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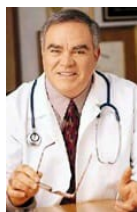
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Featured Guest



Julian Whitaker

Dr. Whitaker is Director of the Whitaker Wellness Institute and Editor of Health and Healing newsletter that provides important health advice for more than 500,000 people nationwide.

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