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June 15th 2012: Non-Violent Communication- It Takes A Village To Raise a Relationship

How do we balance a passion for ourself with compassion for others? Why does it take a village to raise a relationship? Why is the erotic linked to violence and how to we unravel this? I love Kelly Bryson's book Don't Be NICE, Be Real where he gives advice on doing just that. Today we have the pleasure of having Kelly on the show. He's going to share some new things that he is really excited about and help us all learn how to improve intimacy and connection while at the same time being our fully expressed and authentic selves. It's about no compromise and I love that!



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Featured Guest

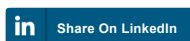


Kelly Bryson

Kelly Bryson, MFT, NVC Trainer, Author of 'Don't Be Nice, Be Real'

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