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EMPOWERMENT



The Self Improvement Show Archives Available January 31st 2013: Don't Postpone Joy

When is the last time you had a real laugh? The kind of laugh that makes you shake, cry, and hold your sides? Do you remember the giggles you had as a child that you just couldn't stop and you laughed until you simply couldn't laugh anymore? Do you remember how good you felt for a long time after that? Did you ever do that? Do you laugh at work? Do you laugh at home? Do you play only to win or do you play for fun? Do you laugh when you play? Do you know how important real laughter is to your health and well-being? On this show we will talk about laughter with the king of laughter—Steve Wilson

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Featured Guest



Steve Wilson

Steve Wilson is a licensed and consulting psychologist, known as America's Joyologist and The Cheerman of The Bored. He hold a B.S. in Business Administration/Marketing from Temple University and an M.A. in Psychology from Temple University. His early work as a clinical psychologist crystallized his thinking about the relationship between work, joy and productivity. Steve is a licensed psychologist, a member of the National Speakers Association and a Certified Speaking Professional. He is a member of the International Society for Humor Studies and the Advisory Board of National Association for Self- Esteem as well as Founder and President of World Laughter Tour, Inc. Steve is the Author of s

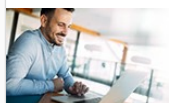
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