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EMPOWERMENT



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**December 10th 2013: What if you could take the insanity out of Christmas?**

Do you dread the arrival of the holiday season? Does the increasing insanity around Christmas drive you more and more crazy with each passing year? Frantic shopping, rowdy holiday parties, tense family gatherings, and expectations galore...do you ever just want to hide until it's all over? Many will find themselves spending money they don't have for gifts people don't want, compromising themselves to make others happy and even with time off from work there seems to be more stress than ever! What if the holidays could be way more fun for you? Are you ready for something different? This

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