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April 3rd 2014: Action: The Eyes Have It!

In this episode, we will be exploring two more action practices: connecting the eyes to the heart and deep listening. These compassionate practices, when introduced into our daily life, can create a positive impact on every person we meet. Many of us hope that the world will change into a kinder, more peaceful and compassionate place. Using these practices we can make a significant contribution to this goal. Remember, we are the one who can change the world and how we greet the world is one of the most effective and direct ways in which we can do this. Guest: David Riklan David Riklan is the



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Featured Guest



David Riklan

David Riklan is the president and founder of Self Improvement Online, Inc., the leading provider of self-improvement and personal growth information on the Internet.

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