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EMPOWERMENT



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**April 29th 2014: Possessing and possessions  
and possessed**

Do you spend time and energy possessing people, items, objects, ideas, beliefs? Are you bound by them? And, what about your possessions ... do you own them or do they own you? And, who or what are you possessed by? Join us as we take a look at all of this ... as well as a life without any of them! What if you did not have to be ruled by possessing, possessions, being possessed? What if you could have ease and what Gary Douglas refers to as the simplicity of being? What could that change?



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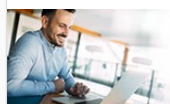
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