

Awakening to Conscious Co-Creation Archives Available

June 18th 2014: The Chi of Change

"A groundbreaking book that will change forever the way you think about your feelings and emotions!"

Is there a way out of anxiety, depression, overeating, fear, phobias, addiction, insomnia, trauma, and low self-esteem - without taking pills? Is there really an alternative to Prozac and anti-depressants? Can you really recapture the simple joy of living? The answer to all these questions is Yes! Peter Field will discuss his book that will show you: How your subconscious mind has been programmed to make you feel the way you feel. How these programs can be rapidly changed throug

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Peter Tongue

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Featured Guest



Peter Field

Peter Field has experienced life's ups and downs, from homelessness and drug dependency to his current position as a leading voice in the field of UK hypno-psychotherapy.

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