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HEALTH & WELLNESS

BORN TO BE BREASTFED

WITH
MARIE BIANCUZZO RN MS IBCLC

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Born to be Breastfed
New shows weekly
July 7th 2014: It's In the Bank: Mother's Milk for More Babies

"Guinness Book of World Records" may seem like a funny sort of place to find the words "breast milk," but the recordkeeping organization recently drew attention to babies' need for donor milk when it recognized a U.S. mother for "donating the most breast milk ever." Amelia Boomker, Java developer and mother of four, was recognized for pumping and donating nearly 483 liters of breast milk to the Indiana Mother's Milk Bank between 2008 and 2013! Still, many women do not know that breast milk banks exist, and far too much breast milk ends up being discarded each year. Why should mothers contribut

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Featured Guests

Guest Image

Amelia Boomker
Born and raised in Chicago, Amelia was breastfed; her mother also donated to a local milk bank. During a bad illness at age 1, Amelia was a recipient of donor milk. She learned early in school and sports

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Kim Updegrove
Kim is the Executive Director of the Mothers Milk Bank at Austin and the President of the Executive Committee of the Human Milk Banking Association of North America HMBANA. In her role at the Mothers Milk Bank, Kim is responsible for all missionrelated activities, financial and personnel management, and fundraising, as well as oversight of milk donor screening, milk processing and nutritional analysis, and recipient programs. A popular speaker on the topic of donor breast milk for premature and fragile infants, Kim provides educational and outreach to hospitals, community and professional organizations and collaborates with I.S. and international researchers on the nutritional effects of hum

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