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Leading Conversations
Friday at 10 AM Pacific
February 20th 2015: Special Encore
Presentation: The Leadership Move

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Channel

Cheryl Esposito welcomes Richard Strozzi-Heckler, PhD, founder of Strozzi work & Strozzi Institute, & author of The Art of Somatic Coaching. Richard says the 'self' is the leader's primary source of power & effectiveness. The success or failure of leaders is more than a game of expertise & strategy. "It has become abundantly clear to me that we do not transform ourselves and our thinking through good ideas or hope. To make sustainable shifts in our behavior and way of thinking, we have to embody new schemas." Somatic Coaching was developed as a way to cultivate the self through the body. In so

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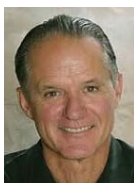
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Featured Guest



Richard Strozzi-Heckler

Richard Strozzi-Heckler, Ph.D. is founder of the Strozzi work and of Strozzi Institute. A nationally known speaker, coach and consultant on leadership and mastery, he has spent four decades researching, developing, and teaching the practical application of Somatics

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