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Shannon Skinner Live
Archives Available
August 18th 2015: Sharks, Surfing and Healthy Living

Host Shannon Skinner speaks with the Queen of Surfing, Veronica Grey, about her environmental documentary "The Worst Shark Attack Ever," which is introduced by Leonardo DiCaprio and includes The Cure, her innovative shark repellent gear, and her book 'Healthy, Wealthy and Wise' on healthy living. In the second half, Shannon interviews registered dietician, Orange-county based Jessa Nowak about the proven secrets to weight loss.

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Featured Guests



Veronica Grey

Veronica Grey is an environmental activist, filmmaker, surfer and director of the award-winning environmental documentary "Worst Shark Attack Ever" starring Leonardo DiCaprio and The Cure. She is the world's most televised surfer known as The Queen of Surfing.

[Read more](#)



Jessa Nowak

Jessa Nowak is a registered dietician and runs her blog "<http://www.inwealthandhealth.com/>" She has a masters degree in nutritional science from California State University Long Beach, and has worked as a food-safety expert. She is based in Southern California.

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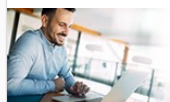
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