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July 15th 2016: Encore: Leadership: A Change of Heart Changes Everything

Cheryl Esposito welcomes Dr. Deborah Rozman President & co-CEO of Quantum Intech, Inc. the parent company of HeartMath. Deborah's background as entrepreneur, psychologist, & business executive led her to become executive director of the Institute of HeartMath in 1991. Doc Childre started HeartMath to research & develop a science-based system of tools & technologies to help people reduce their stress & improve health, resilience & quality of life. HeartMath's breakthrough research uncovered a physiological state called heart coherence: spirit, heart, brain & nervous system sync

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Featured Guest



Dr. Deborah Rozman

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