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EMPOWERMENT



Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific
August 4th 2016: The Power of the Desire to Live

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Does it sound ridiculous to you that not everyone wants to live? It may be a bit challenging to entertain the possibility that not all of us believe we are worthy of life and that others can't find a good reason to continue living. You've probably heard people say, 'Well, we can't live forever. Disease is just a way for us to leave the earth plane.' But do you remember learning that elderly Native Americans would just know when it was their time to die and would peacefully go off into the wilderness? They knew how to move from this plane to the heavenly plane. In current times, we believe that

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Featured Guest



Tobin Blake

Tobin Blake is the author of *Everyday Meditation: 100 Daily Meditations for Health, Stress Relief, and Everyday Joy*, which was selected as one of the best books of 2012 by *Conversations Magazine* and *The Power of Stillness*, an alternate selection of One Spirit Book Club. His most recent book is *With Love, All Things Can Be Healed*.

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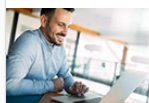
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