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EMPOWERMENT



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August 25th 2016: Doula: A Midwife for the Dying

I don't remember who said it, but there is a comedian who once said: 'I'm not afraid of being dead, I am afraid of dying.' And it's the truth, isn't it.... But there is help on the way, in the form of - mostly - women who call themselves 'a doula.' They are like a midwife to the dying and to their families. They do not take the place of hospice nurses, rather, they take care of those who are dying. They help the dying navigate the journey from this world to the next, they comfort the dying and they assist the family in whatever will be helpful. My guest this week is Shelby Kirillin, a doula

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Featured Guest



Shelby Kirillin

This Angel of Death is surprisingly upbeat. "I know death is sad, but what's wrong with dying?" Shelby Kirillin says, green eyes alight. "It's OK. We're all going to do it."

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