



HEALTH & WELLNESS



## CAUGHT BETWEEN GENERATIONS

with Dr. Merle Griff



### Caught Between Generations Archives Available

**December 8th 2016: Life Decisions: Making  
Choices from Teens through Early Adulthood**

How does a young person choose a career? How do you make adult decisions when you don't feel like one? Robert Michael PhD, author of *The Five Life Decisions*, and Jeffrey Arnett, PhD, developer of the theory 'emerging adulthood,' tackle these questions. They will explain the key factors of decision making and how we can help millennials plan for their futures. This show will help you understand the transition from young adulthood to becoming a responsible, successful adult.

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### Featured Guests



#### Robert T Michael

Robert T. Michael is the founding dean and Eliakim Hastings Moore Distinguished Service Professor Emeritus of the Harris School of Public Policy Studies at the University of Chicago.

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#### Dr. Jeffrey Arnett

Dr. Jeffrey Jensen Arnett is Research Professor of Psychology at Clark University in Worcester, Massachusetts. He is the originator of the theory of emerging adulthood and the author of *Emerging Adulthood: The Winding Road from the Late Teens Through the Twenties*, recently published in a second edition by Oxford University Press.

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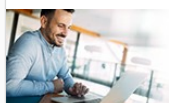
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