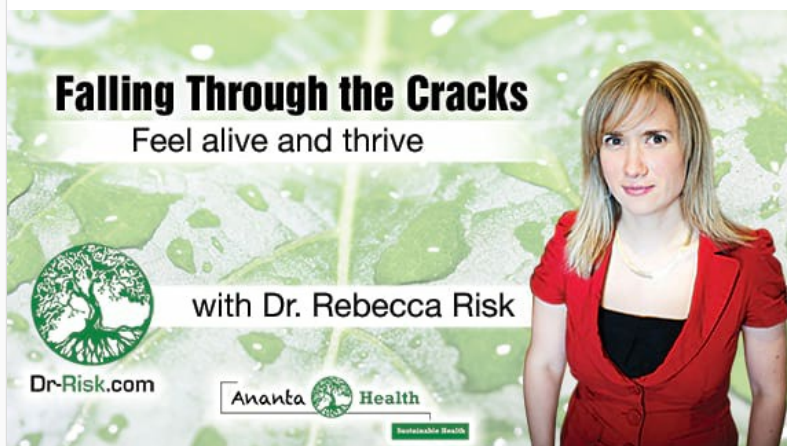


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HEALTH & WELLNESS



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When thinking of getting older, most people feel it's an overwhelming and unavoidable journey to feeling unwell and living with pain. What if that wasn't true? What if we were able to slow down the aging process and avoid age related disease? Dr. Michael Fossel has been involved in Telomerase science for years. Today we're discussing his latest book, The Telomerase Revolution, which was praised by the Wall Street Journal as one of the five best science books of the year.



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## Featured Guest



### Dr. Michael Fossel

Dr. Fossel has an MD and a PhD (in neurobiology) from Stanford University. A clinical professor of medicine for almost 3 decades, he is considered the world foremost expert on telomeres, aging, and age-related disease.

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