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HEALTH & WELLNESS



## BORN TO BE BREASTFED

WITH  
MARIE BIANCUZZO RN MS IBCLC



*Dreaming of becoming an IBCLC?*

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### Born to be Breastfed

New shows weekly

**February 20th 2017: Encore: Epige-WHAT?!?!?**

**Why It Matters For Your Milk and Your Baby**

The science of epigenetics tells us that environmental factors can influence our genes or genetic development. Breastmilk is well-known for its ability to prevent illness and disease (e.g., necrotizing enterocolitis, infectious diseases, and more.) Nutrition in early life—such as whether a child receives his mother's milk or an artificial formula—may affect which genes are activated and, ultimately, overall health. Tune in as Marie talks with pediatrician and breastfeeding specialist Dr. Jenny Thomas about how breastfeeding and genes work together to support your baby's health, and how the dec

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### Featured Guest



#### Jenny Thomas

Dr. Jenny Thomas is a pediatrician and breastfeeding medicine specialist at Aurora Healthcare in Franklin, Wisconsin. She is also a Clinical Assistant Professor of Community and Family Medicine and Pediatrics at the Medical College of Wisconsin (MCW).

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