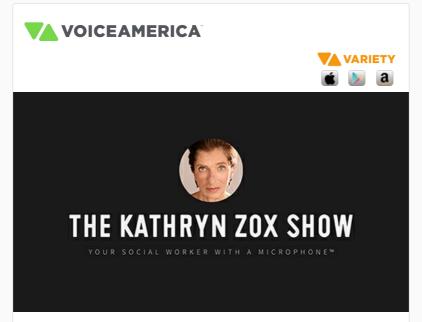
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The Kathryn Zox Show Wednesday at 7 AM Pacific

March 22nd 2017: 'Peak Performance' and 'Tech and Human Trafficking'

Kathryn interviews neuroscientist and executive coach Friederike Fabritius MS, author of "The Leading Brain: Powerful Science-Based Strategies for Achieving Peak Performance". Do you find yourself struggling to get things done while juggling meetings, calls and an overflowing email inbox? According to Fabritius the better we understand our brains and the type of environment that motivates us, the closer we'll be to truly achieving peak performance. The Leading Brain is one of LiveHappy Magazine's Top 17 Books to Change Your Life in 2017. Kathryn also interviews award-winning digital marketer

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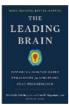
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### **Featured Guests**



### Friederike Fabritius MS

FRIEDERIKE FABRITIUS, MS, is a pioneer in the field of Neuroleadership.

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## Guest Image

### Stephenie Rodriguez

Futurist. Storyteller. Change Agent. Educator. Transformation Architect. Publisher. Collector of Shoes. Tummler. I am a global nomad with a Latin American heritage.

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