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EMPOWERMENT



**From Mourning to Morning
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March 30th 2017: Laughter in the Face of Tears**

When you lose someone whom you loved, your first thought is to cry, right? Makes sense. But my guest Nancy Weil believes and teaches that laughter also has a place in healing your pain. She has spent years in the funeral business and the laughter business, and you will learn that she is correct—laughter in the face of loss is important, not un-natural, and helpful. Find out what she has to say, you may be surprised... While grief is expressed in different ways for every person, having some tools to help you get through a difficult time can help ease the pain. Therapeutic laughter not o

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Featured Guest



Nancy Weil

Nancy is a leading authority on the relationship between humor and grief, as well as effective tools for stress relief, and is known for her energetic, entertaining and content-rich programs.

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