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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
April 5th 2017: Every Breath I Take

How does it feel to live with life-limiting illness from your first day? How does it influence the way you look at the world and what you believe. And what is the impact of living with an illness that so many people die of, to be close, from an early age, to people you outlive? Nineteen year old Claire Wineland has lived with Cystic Fibrosis since early in her childhood and it has led her to a life of service and connection. She has written a book, delivered a TED talk and started a foundation. And she has profound messages to share about what we all can do to face the fact of death and infuse

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Featured Guest



Claire Wineland

Claire Wineland has been living with cystic fibrosis her entire life. At 13, she founded Claire's Place Foundation, Inc., a non-profit organization providing support to children and families affected by cystic fibrosis.

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